2019-2020 COURSE GUIDE

Continuing Education Training Programs, Workshops, and Supervision for Mental Health Professionals and the General Public

Vann Joines, Ph.D., Director
HISTORY
The Southeast Institute for Group and Family Therapy was founded in 1969 as a non-profit educational institute called the Fellowship for Racial and Economic Equality (FREE). Its goal was to promote racial and economic justice in the United States, with a primary focus on working with groups of Blacks and Whites in the Southeast and training faculty and counselors in Historically Black Colleges and Universities throughout the South. By 1971, the Fellowship offered training in Transactional Analysis and creative group problem solving for improving psychotherapy skills and confronting social problems.

In 1973, the Fellowship moved to Chapel Hill, NC, and changed its name to Southeast Institute for Group and Family Therapy to reflect an expanded focus. Shortly after this move, Southeast Institute launched an experimental Master of Arts program in psychotherapy and social change. Twenty-two students were graduated in 1975. Due to a shortage of grant money to continue a graduate program, Southeast Institute began focusing primarily on continuing education training and supervision for mental health professionals.

Southeast Institute held an annual Spring Conference from 1974 to the mid 1980s with 300 to 1100 people attending each year. In 1977, the annual Eric Berne Lectures on Social Psychotherapy were inaugurated with a lecture by Gregory Bateson, Ph.D. Over the years, Southeast Institute has earned international respect and recognition for its excellence of training and its continued commitment to developing effective models for individual and social change.

MISSION STATEMENT
The Southeast Institute for Group and Family Therapy is committed to making the world a better place for all by connecting people to their worth, value, and dignity and the worth, value, and dignity of others. We offer to our clients excellence in clinical therapy and psychotherapy training.

WHY THIS TRAINING IS IMPORTANT
This training is designed for mental health professionals—psychologists, professional counselors, marriage and family therapists, social workers, and others—who are working with children, adults, couples, groups, and families. This training allows mental health professionals to stay abreast of the latest developments in the practice of psychotherapy while maintaining a concern for the common good. It also fulfills their continuing education requirements for licensure.
This is a comprehensive program integrating the approaches of transactional analysis, gestalt, rededuction therapy, relational therapy, attachment theory, systems theory, developmental theory, personality adaptations, neuroscience, bodywork approaches, and energy psychology. We offer a powerful in-depth, short-term approach that combines cognitive, behavioral, and affective/experiential techniques with an emphasis on working with the emotional brain for lasting change. The focus of the training is on developing a broad conceptual framework and mastering effective techniques for individual, couple, family, and group therapy. The program meets on a Friday and Saturday once a month for 10 months and is designed on a two-year cycle. Enrollment is on a semester basis. Certification as a TA Practitioner requires the TA 101 course and 10 months of training. Certification as a Rededuction Therapist requires 20 months of training, a written exam, and a tape demonstrating one's competence in rededuction therapy. In Louisville, the program meets every other month. The program consists of theory, demonstration, supervision, and experiential work. Our experience is that individuals learn best by having an opportunity to practice what they are learning and by getting direct supervision of their work. Therefore, we have participants work directly with one another using video to enhance the supervision. Participants also have the opportunity to do personal work with the faculty and to observe them working with others.

“I have learned so much that has enriched my personal and professional life. And it has been fun! I feel lucky to have had the experience.” James Binder, M.D., Charleston, WV

“The postgraduate program at SEI has been a valuable, rewarding experience for me both professionally and personally. I highly recommend it to any psychiatric/mental health professional wanting to be more effective with clients.” Nina Roslovic, Family Psychiatric-Mental Health Nurse Practitioner (Board Certified), RN, Columbus, OH

“This training has tremendously enhanced my clinical skills and contributed to improved patient outcomes, and increased confidence for myself as a therapist. The group modality offers a safe and supportive environment for learning and practicing new skills as well as valuable clinical supervision of existing cases. I highly recommend this training to any psychotherapist who is looking for effective ways to acquire new skills and get peer support for ongoing practice.” Merya Wolfe, M.A., LCSW, Cary, NC

Certification Training Program in Transactional Analysis and Rededuction/Relational Therapy
Chapel Hill, NC, and Louisville, KY

This is a comprehensive training program integrating the approaches of transactional analysis, gestalt, rededuction therapy, relational therapy, attachment theory, systems theory, developmental theory, personality adaptations, neuroscience, bodywork approaches, and energy psychology. We offer a powerful in-depth, short-term approach that combines cognitive, behavioral, and affective/experiential techniques with an emphasis on working with the emotional brain for lasting change. The focus of the training is on developing a broad conceptual framework and mastering effective techniques for individual, couple, family, and group therapy. The program meets on a Friday and Saturday once a month for 10 months and is designed on a two-year cycle. Enrollment is on a semester basis. Certification as a TA Practitioner requires the TA 101 course and 10 months of training. Certification as a Rededuction Therapist requires 20 months of training, a written exam, and a tape demonstrating one’s competence in rededuction therapy. In Louisville, the program meets every other month. The program consists of theory, demonstration, supervision, and experiential work. Our experience is that individuals learn best by having an opportunity to practice what they are learning and by getting direct supervision of their work. Therefore, we have participants work directly with one another using video to enhance the supervision. Participants also have the opportunity to do personal work with the faculty and to observe them working with others.

“I have learned so much that has enriched my personal and professional life. And it has been fun! I feel lucky to have had the experience.” James Binder, M.D., Charleston, WV

“The postgraduate program at SEI has been a valuable, rewarding experience for me both professionally and personally. I highly recommend it to any psychiatric/mental health professional wanting to be more effective with clients.” Nina Roslovic, Family Psychiatric-Mental Health Nurse Practitioner (Board Certified), RN, Columbus, OH

“This training has tremendously enhanced my clinical skills and contributed to improved patient outcomes, and increased confidence for myself as a therapist. The group modality offers a safe and supportive environment for learning and practicing new skills as well as valuable clinical supervision of existing cases. I highly recommend this training to any psychotherapist who is looking for effective ways to acquire new skills and get peer support for ongoing practice.” Merya Wolfe, M.A., LCSW, Cary, NC

MAY
Treatment of Narcissistic Personality Disorder, Script Analysis
JUNE
Treatment of Antisocial Personality Disorder, The Overall Framework

LEARNING OBJECTIVES - Participants will be able to:
• Demonstrate contracting
• Describe the Rededuction process
• Explain Personality Focused Treatment
• List the six core personality adaptations
• Draw out the three types of transactions
• Describe the Contact Cycle

*For a complete list of learning objectives and the training schedule, visit http://www.seinstitute.com or call (919) 929-1171.

Chapel Hill, North Carolina

DATES
2019 FALL SEMESTER: Sept. 13-14, Oct. 11-12, Nov. 8-9, Dec. 6-7, Jan. 10-11

TIMES
Fridays 9:00am – 5:00pm; Saturdays 9:00am – 4:30pm

FACULTY
Vann Joines, Ph.D., Jessica D’Andrea, Psy.D.

TUITION
$1800 per semester ($360 deposit; balance payable $360 per month for 4 months)

LEVEL
Beginner, Intermediate & Advanced

CE CONTACT HRS.
120 for the Year Cost: $20 per weekend administrative fee

Louisville, Kentucky

DATES
2019 FALL SEMESTER: Sept. 13-14, Oct. 11-12, Nov. 8-9, Dec. 6-7, Jan. 10-11

TIMES
Fridays 9:00am – 5:00pm; Saturdays 9:00am – 4:30pm

FACULTY
Vann Joines, Ph.D.

TUITION
$1800 ($360 deposit; balance payable $360 per month for 4 months)

LEVEL
Beginner, Intermediate & Advanced

CE CONTACT HRS.
60 for the year Cost: $20 per weekend administrative fee

*For a complete list of learning objectives and the training schedule, visit http://www.seinstitute.com or call (919) 929-1171.
Advanced Supervision and Training
Chapel Hill, NC
This program is designed for mental health professionals who have completed two years in the Certification Training Program in Transactional Analysis and Redecision/Relational Therapy and need additional supervision for certification and for individuals who want supervision as a marriage and family therapist, a professional counselor, or other on-going supervision requirements. Participants will present tapes and cases of their work for supervision and study advanced theory in addition to working with the first- and second-year trainees in the On-Going Program.

LEARNING OBJECTIVES
Participants will be able to:
- Negotiate effective therapeutic contracts
- Identify “first cons”
- Recognize “drivers”
- Point out “rackets”
- List the “injunctions”
- Demonstrate how to elicit “early scenes”
- Facilitate “redecisions”
- Help clients develop an “Adult plan”

DATES
2019 FALL SEMESTER: 9 Sept. 13, Oct. 11, Nov. 8, Dec. 6, Jan. 10

TIMES
Fridays 9:00am – 5:00pm

TUITION
$900 per semester ($180 deposit; balance payable $180 per month for 4 months)

FACULTY
Vann Joines, Ph.D.

LEVEL
Advanced

CE CONTACT HRS.
60 for the year Costs: $10 per day administrative fee

Monthly Therapy Group for Therapists Only
Chapel Hill, NC
This is an experiential redecision therapy group, once a month, for mental health professionals only, to resolve their own personal issues. The group will demonstrate how to use redecision therapy in an on-going group therapy process. Participants will have the opportunity to learn this approach through their own experience and observation.

DATES
2020 SPRING SEMESTER: Feb. 6, Mar. 12, Apr. 9, May 14, June 11

TIMES
Thursdays 9:00am - 4:30pm

FACULTY
Vann Joines, Ph.D.

TUITION
$900 per semester ($180 deposit; balance payable $180 per month for 4 months)

LIMIT
10 participants

*This therapy group does not offer continuing education credits.

For a complete list of learning objectives and the training schedule, visit http://www.seinstitute.com or call (919) 929-1171.
Certification Programs in Personality-Focused Treatment (PFT)®

Chapel Hill, NC; New Orleans, LA and Online

The Southeast Institute is pleased to announce two new certification programs in Personality-Focused Treatment (PFT)® for professionals who want to practice, teach, and train others in the application of Personality Adaptations and the JPAQ (Joines Personality Adaptations Questionnaire). This program will consist of two levels of certification: 1. Certified PFT Practitioner (to Practice), and 2. Certified PFT Trainer (to teach and train others).

Level 1 (Certified PFT Practitioner) of this program will consist of a two-day introductory workshop on Personality Adaptations and the Joines Personality Adaptation Questionnaire. This will be followed by six monthly, three-hour, online supervision sessions in which participants will present cases of clients they are working with using a Personality-Focused Treatment (PFT)® approach under direct supervision of Vann Joines, Ph.D., Co-Author of Personality Adaptations: A New Guide to Human Understanding in Psychotherapy and Counseling, and Author of the Joines Personality Adaptation Questionnaire; Certified PFT Trainer.

Level 2 (Certified PFT Trainer) will consist of 6 additional monthly, three-hour, online supervision sessions focused on teaching, training, and supervising others in this approach.

INTRODUCTORY WORKSHOPS:

DATES: June 28-29, 2019 - Chapel Hill, NC; October 4-5, 2019 - New Orleans, LA
Jan. 17-18, 2020 - Chapel Hill, NC; June 26-27, 2020 - Chapel Hill, NC

TIMES: 9:00am - 5:00pm daily

SUPERVISION:

DATES: Level I begins July 8, 2019 for 6 sessions
Level II begins July 15, 2019 for 6 sessions

TIMES: 2:00pm - 5:00pm Monday

FACULTY: Vann Joines, Ph.D.

TUITION:
- Introductory Workshop - $360 ($340 if registered one month in advance, $100 deposit)
- Level I Supervision Sessions - $1080 for 6 sessions ($1030 if registered one month in advance, $200 deposit, balance payable $166 per session for 5 sessions) Tuition includes PA Book and Certificates of Certification.
- Level II Supervision Sessions - $1080 for 6 sessions ($1030 if registered one month in advance, $200 deposit, balance payable $166 per session for 5 sessions)

LEVEL: ALL

CE CONTACT HRS: Introductory Workshop - 12 ($10/day administrative fee for CE’s)
6 Months Supervision - 18 ($10/day administrative fee for CE’s)
12 Months Supervision - 36 ($10/day administrative fee for CE’s)

Supervision for Trauma Resolution Energy Therapy (TRET)

Online Video Conference

This is an online supervision conference for individuals who are treating trauma with energy therapy. It consists of one-hour sessions with one participant presenting a prepared case each session that will be supervised by Dr. Joines. The remaining time will be used for questions and answers.

LEARNING OBJECTIVES - Participants will be able to:
- Get a trauma history
- Conduct a case analysis
- Identify the traumas needing treatment
- Develop a treatment plan
- Explain muscle testing
- Explain how trauma is held energetically in the body and how it can be cleared
- Demonstrate clearing trauma with energy therapy

DATES: Level I beginning December 11, 2019
Level II beginning March 11, 2020

TIMES: Wednesdays 1:00pm - 2:00pm

FACULTY: Vann Joines, Ph.D., Certified Energy Therapist and Supervisor

TUITION: $60 per person per session

LEVEL: All

LIMIT: 6 participants

CE CONTACT HRS: 1 per month

Certification in EMDR Therapy

Chapel Hill, NC

This program is designed for mental health professionals who have completed EMDRIA approved Basic Training in EMDR Therapy and wish to become EMDRIA Certified in EMDR. Participants receive 20 consultation hours (10 of which can be group consultation hours). Participants master subtleties of EMDR therapy. They bring tapes and cases of their clinical work in consultation, and study advanced concepts in EMDR Therapy.

DATES & TIMES: To be arranged with certification candidates

FACULTY: Gary Peterson, M.D., EMDRIA Approved Consultant

TUITION: $120 per individual consultation hour. Two-hour group consultation sessions are offered at $100 per person for groups of three or more.

LEVEL: Intermediate

*This program does not offer continuing education credits.*
The Complexities of Complex Trauma: Theory & Practice Part I
Chapel Hill, NC

This is a completely newly designed course for mental health professionals who wish to develop or further enhance their knowledge and skills in working with clients who have chronic-trauma related disorders.

Part 1 Course Description: The course will focus on the etiology of chronic trauma, its clinical picture, tools of assessment, the phase oriented approach to trauma and treatment pitfalls and therapeutic alliance. The course is partly didactic, based on the assigned readings, and partly discussion of the “Case of Erica”, a teaching case which unfolds in a naturalistic progression over 4 classes. Course participants begin each reading with a two minute intro to the reading.

COURSE OBJECTIVES - Upon completion of Part I, students will have:

• Explored the history of the understanding and resistance to recognizing trauma
• Differentiated simple from complex trauma
• Discussed and explored the etiology of complex trauma
• Identified the clinical picture of trauma
• Reviewed the tools to assess trauma
• Reviewed the three phases of treatment of trauma
• Discussed the treatment pitfalls and therapeutic alliance (risk management)
• Applied the theoretical knowledge of the assessment and treatment of complex trauma to a provided clinical case

A full itemization of session objectives is listed on the ISSTD website.

INTENDED PARTICIPANTS
Licensed mental health professionals (psychiatrists, psychologists, clinical social workers, mental health counselors, accredited psychotherapists, etc.) who are interested in developing their skills in treating clients with chronic trauma related disorders. Participants must receive approval of the faculty member to attend.

REQUIRED TEXTBOOKS:

A full course bibliography is listed on the ISSTD website.

COURSE FORMAT
The course meets monthly for 2.5 hour sessions 6:30 to 9:00 p.m. for 6 meetings.

DATES
Nov 14, Dec 12, 2019; Jan 13 Feb 10, Mar 9, Apr 13, 2020

FACULTY
Gary Peterson, M.D.; Email: gpeterson@seinstitute.com
Phone: 919-929-1171

REGISTRATION
Students are asked to contact the course instructor and to send their CV/license.
Member Fee: $355.00; Non-Member Fee: $405.00
To register for course use the ISSTD website.

CONTINUING EDUCATION & ISSTD CERTIFICATE PROGRAM CREDITS:

Continuing Education: This course has been approved for up to 15 CE credits (APA and ASWB) through our continuing education co-sponsor, CE Learning Systems. To earn continuing education credits, participants must purchase credits through our CE co-sponsor following session one and complete an evaluation for each session. Students must attend 50 minutes out of each hour via videoconferencing to be eligible for credits.

ISSTD Certificate Program: This course has been approved for credits towards the ISSTD Certificate of Advanced Studies in Trauma & Dissociation
Postgraduate Training Program
Chapel Hill, NC

A one-year training program is offered to professionals who have an advanced degree in a discipline involving the study and practice of psychotherapy. The purpose of this program is to grow personally and professionally; to learn our theories and techniques; and to earn hours toward certification in the International Transactional Analysis Association, the USATA Association, the American Association for Marriage and Family Therapy, membership in the American Group Psychotherapy Association, and certification as a Redecision Therapist.

The courses of study for the year include individual, group, couple, and family therapy. Students will participate in a weekly personal growth group, a weekly tutorial, a monthly training program with other professionals, and periodic workshops to learn redecision therapy and effective psychotherapy.

All regular workshops and courses offered by Southeast Institute will be open to postgraduate students. The overall goal of the program is to challenge students to grow and to develop resources to become competent therapists and more powerful members of their institutions and society.

LEARNING OBJECTIVES - Participants will be able to:
- State their professional development goals for the next three years
- Develop a clear theoretical framework for the therapy they provide
- Integrate a number of different therapeutic approaches into a coherent system
- Show mastery of redecision therapy and related approaches
- Conduct individual, group, couple, and family therapy
- Explain the theoretical basis for the therapy they are conducting
- Demonstrate competency in their work
- Grow their practices

DATES  FACULTY    LOCATION
Participants may begin the program in September, February, or June.
Vann Joines, Ph.D.  Raleigh, NC
$8995 ($500 deposit)
Advanced

Understanding Yourself and Others: The Theory and Practice of Transactional Analysis (TA 101 Course)
Chapel Hill, NC

The TA 101 is a powerful and transforming experience opening new vistas to understanding yourself and others. It provides a comprehensive introduction to the theory and practice of transactional analysis. Transactional analysis, as developed by Eric Berne, M.D., is both a theory of personality and human interaction, and a method of psychotherapy, counseling, organizational analysis, and educational consultation. This course will provide an in-depth new perspective for understanding human behavior. The format is a combination of lecture, group discussion, experiential exercises, and fun under the leadership of a Certified Teaching and Supervising Transactional Analyst in the International Transactional Analysis Association. Participation in this course qualifies you for Regular Membership in the ITAA, and is required for certification as a TA Practitioner.

*Note: There will be a special presentation of the TA 101 July 30 - 31, 2019, in Conjunction with the 50th Anniversary Conference of the Southeast Institute, focused on Social Justice. For more information go to: www.usataa.org/conference/

*Participants are encouraged to register for the Weekend Intensive Personal Growth Marathon as well, in order to experience how the theory is applied in facilitating personal change.

LEARNING OBJECTIVES - Participants will be able to:
- List the philosophical assumptions of TA
- Identify the four major components of TA
- Explain structural analysis
- Describe how to use contracting
- Identify and describe one’s life script
- List the five drivers
- Explain the four basic existential positions
- Define a stroke according to TA theory
- Compare and contrast the differences between strokes for doing and strokes for being
- Describe three types of transactions

DATES  FACULTY    LOCATION
July 30-31, 2019  Vann Joines, Ph.D., Graham Barnes, Ph.D.  Raleigh, NC
Valerie Batts, Ph.D., & Felipe Gracia, M.A.  Chapel Hill, NC
September 26-27, 2019  Vann Joines, Ph.D.  Chapel Hill, NC
February 20-21, 2020  Vann Joines, Ph.D.  Chapel Hill, NC
September 24-25, 2020  Vann Joines, Ph.D.  Chapel Hill, NC
TIMES  9:00am - 5:00pm daily
TUITION  $360 ($340 if registered one month in advance, $100 deposit)
*Special Price for TA 101 in Raleigh, NC of $240
Retake this workshop for $100 off
LEVEL  Beginner, Intermediate, & Advanced
CE CONTACT HRS  12
*For the program schedule, visit http://www.seinstitute.com or call (919) 929-1171.
Weekend Intensive Personal Growth Workshop
Chapel Hill, NC

This weekend is designed to enable participants to identify their strengths and build on them by bringing into awareness and changing early decisions and behaviors which are limiting or self-defeating in the present. Life Script theory along with Redecision Therapy and other experiential techniques are used to assist participants in making the changes they desire. Join us for a powerful and fun weekend experience.

*Participants are encouraged to register for the TA 101 Course as well, in order to get an overview of the theory that is used in the process.

DATES
September 27-29, 2019; February 21-23, 2020; September 25-27, 2020

TIMES
Friday 7:00pm - 10:00pm; Saturday 9:00am - 5:00pm; Sunday 9:00am - 4:00pm

FACULTY
Vann Joines, Ph.D.

TUITION
$450 ($425 if registered one month in advance, $100 deposit)

Couples Weekend Workshop
Chapel Hill, NC

Make major changes in yourself and your relationship in a weekend and gain the tools for resolving future conflicts!

This is a powerful weekend experience for couples, designed to assist them in making desired changes, both in themselves and their relationship, in order to have a fulfilling life together. Information from redecision therapy, family systems, family sculpting, attachment theory, and other approaches will be used to help couples increase their awareness, autonomy, spontaneity, and capacity for intimacy. Couples often accomplish as much in this weekend as in a year of weekly therapy. Join us for a fun and productive weekend.

*Note: We also accept up to two therapists who want to observe in order to learn this process. We will meet with them periodically during the weekend.

LEARNING OBJECTIVES FOR THERAPIST OBSERVERS - Therapists will be able to:

• Describe the different escape hatches in couples’ relationships.
• Explain what is required and what is desired for intimacy.
• Describe the difference between target strokes and target discounts.
• List the four basic emotions and explain how emotional literacy is beneficial to couples.
• Explain the connection between early attachment relationships and romantic relationships.
• List and describe four different attachment styles.
• Define “attachment longings.”
• Explain how a partner’s attempts to connect to his or her spouse will often push that person further away.
• Describe the role of the “initiator” in Pete Pearson and Ellyn Bader’s I to I process of communication.
• Describe the role of the “inquirer” in Pete Pearson and Ellyn Bader’s I to I process of communication.
• List three attributes of conflicntual communication patterns.
• List three attributes of open communication patterns.
• Describe how couples’ relationship sculpts interlock.
• List three benefits to group couples’ therapy.
• List five elements of contracting for safety in group couples therapy.

DATES
November 1-3, 2019; April 24-26, 2020

TIMES
Friday 9:00am - 5:30pm; Saturday 9:00am - 5:30pm; Sunday 9:00am - 4:00pm

FACULTY
Vann Joines, Ph.D. and Jessica D’Andrea, Psy.D.

TUITION
Couples: $950 per couple ($900 if registered one month in advance, $400 deposit); Retake this Workshop for $200 off per couple
Therapist: $400 if registered one month in advance, $100 deposit ($425 afterward)

CE CONTACT HRS
18 (for therapists)
The concept of the Life Script was one of Eric Berne’s most significant contributions to the fields of psychology and psychotherapy. No other theory contains as in-depth an insight into what is going on with people. Bringing into awareness an individual’s life script provides a tremendous tool for personal growth and change in their achievement of autonomy. Come learn how to help clients identify their life script and change it in order to live the type of life they desire. Participants will be taught how to use The Life Script Questionnaire, complete a Life Script Matrix, construct a Life Script Wheel and an Autonomy Wheel.

Opportunities will also be provided to practice using these tools with a partner and doing psychotherapy to change one’s script under the direct supervision of the faculty.

LEARNING OBJECTIVES - Participants will learn how to:
- Identify drivers, counter-injunctions, and injunctions.
- Explain what a racket is.
- List the major escape hatches.
- Describe different existential positions.
- Explain the significance of fairy tales in the development of scripts.
- Draw out a life script matrix.
- List the different parts of the script.

DATES July 10-11, 2020
TIMES 9:00am - 5:00pm daily
FACULTY Vann Joines, Ph.D.
TUITION $360 ($340 if registered one month in advance, $100 deposit)
LEVEL ALL
CE CONTACT HRS 12

Energy Healing in Psychotherapy
Chapel Hill, NC

The Energy Healing in Psychotherapy workshop with Gary Peterson, M.D. offers a mind-body approach to helping clients heal, move past blocks, overcome resistance, and transform their lives. Energy psychotherapy incorporates traditional energy systems, such as meridians and chakras, and modern science. Research on energy psychotherapy suggests it is an effective treatment for anxiety, depression, trauma, and much more. Click these links to learn more about energy psychotherapy and its growing body of research demonstrating its evidence-based effectiveness.

We’ve all had clients who get stuck with traditional talk-based therapy, or who are yearning for something they can apply outside of the therapy room. Perhaps, you are looking for new tools to help your clients with high anxiety and trauma. Energy psychology offers powerful techniques that can lead to breakthroughs during therapy. Additionally, it empowers your clients by offering to them tools they can apply on their own as they go through the day.

Imagine your clients telling you about how they successfully used energy psychology techniques to reduce their stress with their kids; or to focus on a challenging day at work; or even to neutralize a flood of trauma-related emotion.

How does energy psychotherapy work? We tend to separate parts of us that are very intricately connected: thoughts, feelings, and body, for instance. Yet, all of these involve energetic and electrical processes.

The field of energy psychology leverages the relationship between neurological, biological, and energetic systems to transform thoughts, feelings, sensations, and behaviors. These methods can be directly applied within any psychotherapeutic framework. They don’t replace what you are already doing, they enhance it.

As a participant in the Energy Healing in Psychotherapy workshop, you will learn how to:
- Introduce clients to the science and art of energy psychology.
- Apply energy psychotherapy methods.
- Administer the biofield brushdown.
- Confidently navigate this burgeoning field.
- Use muscle testing with clients.
- Apply scaling techniques to goals of therapy and increase focus, and more.
- Apply Chinese meridian acupoints and energy centers to teach self-soothing skills and help clients regulate their emotions.

LEARNING OBJECTIVES - By the end of the seminar, participants will be able to:
- Discuss how energy healing methods fit into and support general psychotherapy practice.
- Describe memory reconsolidation in clinical practice.
- Apply scaling techniques to goals of therapy and disturbing events.
- Use three calming/centering procedures.
- Administer and interpret muscle testing.
- Assess clinical signs of energy disorganization.
- Develop issues/traumas for targeting.
- Describe the purpose of and execute bridging techniques.
- Apply a problem resolution procedure to disturbing events.
- Employ the light stream technique.
- Use energy center procedures to resolve disturbing events.
- Perform reliable muscle testing.
- Correct psychological reversals.
- Correct neurological disorganization.
- Apply problem resolution procedures with and without muscle testing.
- Administer the biofield brushdown.

DATES & TIME May 22-23, 2020: Friday & Saturday 9:00am - 5:00pm
FACULTY Gary Peterson, M.D. Diplomate and Certification Consultant, Association for Comprehensive Energy Psychology
TUITION $360 ($340 if registered one month in advance, $100 deposit)
LEVEL Beginner, Intermediate and Advanced
CE CREDITS 12

*For an outline of the program schedule, visit http://www.seinstitute.com or call (919) 929-1171.*
Improve Your Therapy and Relationships by Knowing How to Work Effectively with the Different Personality Adaptations - Personality Focused Treatment (PFT)®
Chapel Hill, NC and New Orleans, LA

Many therapists are often effective with certain clients and have a difficult time with others. They become frustrated and believe that their therapeutic approach does not work with those clients. The problem is not the approach, but the difference in clients' personality adaptations. This workshop uses theory, presentations, and demonstrations to teach mental health professionals how to work effectively with each adaptation.

The concept of personality adaptations offers an exciting, new approach to working with personality dynamics. It was originated by Paul Ware, M.D., and Taibi Kahler, Ph.D., and further developed by Vann Joines, Ph.D., as a result of 40 years of clinical observation and research. The workshop will cover the diagnosis and treatment of six core personality adaptations: schizoid, paranoid, antisocial, passive-aggressive, obsessive-compulsive, and histrionic. These adaptations form the basic building blocks of personality and can be observed across the different DSM-5 disorders. Each adaptation has its own unique way of approaching the world, working most effectively in making changes, and defending against vulnerability.

We will look at how the adaptations develop, how they interact in the world, the major treatment issues, and how to work most effectively with each type. The book, Personality Adaptations, (Lifespace, 2002) and a questionnaire developed by Vann Joines, Ph.D., for understanding and assessing the adaptations will be provided to each participant. By knowing these adaptations, therapists--regardless of their theoretical orientation--can quickly establish rapport, target interventions, avoid getting stuck in defenses, and maximize their effectiveness.

*Note: This workshop is required for the Personality Focused Treatment (PFT) Certification Program

LEARNING OBJECTIVES - Participants will be able to:
- List the six core personality adaptations.
- Describe how the adaptations develop.
- List the therapeutic doors for each adaptation.
- Explain the difference between the surviving and performing adaptations.
- List the primary drivers for each adaptation.
- List the six personality adaptations
- Summarize the influence of nature and nurture on the development of personality adaptations.
- Explain the concepts of open door, target door, and trap door.
- Briefly describe the five driver behaviors outlined by Bob and Mary Goulding.
- List three examples of “cons” and their corresponding personality adaptations.
- Explain how parenting style shapes personality development.

DATES June 28–29, 2019 (Chapel Hill); October 4–5, 2019 (New Orleans)
January 17–18, 2020 (Chapel Hill); June 26–27, 2020 (Chapel Hill)
TIMES 9:00am - 5:00pm daily
FACULTY Vann Joines, Ph.D.
TUITION $360 ($340 if registered one month in advance, $100 deposit)
Retake this workshop for $100 off
LEVEL Beginner, Intermediate, & Advanced
CE CONTACT HRS 12

For an outline of the program schedule, visit http://www.seinstitute.com or call (919) 929-1171.

Working with the Group as a Whole
Chapel Hill, NC

A therapy group is a living system and as such goes through a developmental process in order to achieve a state of mature functioning. Part of the therapist’s job is to attend to and assist in that development so that the group is structured as an effective therapeutic tool to promote the growth of its members. This workshop will consist of theory and group experience in order to learn how to achieve a high level of group cohesion and effectiveness.

LEARNING OBJECTIVES - Participants will be able to:
- List the different types of therapy groups
- Describe the value of the group as a whole perspective
- Give examples of group as a whole interventions
- State the different stages of group development
- Discuss how group norms are developed
- Identify early issues that emerge in group work and how they are resolved
- List the different roles that emerge in the group
- Describe the different stages of group imago adjustment that occur

DATE July 12–13, 2019
July 17–18, 2020
TIMES 9:00am - 5:00pm daily
FACULTY Vann Joines, Ph.D.
TUITION $360 ($340 if registered one month in advance, $100 deposit)
LEVEL Beginner & Intermediate
CE CONTACTS HRS 12

*For an outline of the program schedule, visit http://www.seinstitute.com or call (919) 929-1171.
**One-Week Workshop: Mastering Redecision Therapy**

Chapel Hill, NC

Modern neuroscience indicates that it is working with the emotional brain that produces the most effective change in psychotherapy. Redecision therapy is a powerful, short-term treatment approach that works experientially with the emotional brain to produce lasting change. It treats a number of emotional problems including depression, anxiety, panic, phobias, obsessive-compulsive disorders, and early trauma. Redecision Therapy integrates cognitive, behavioral, and affective work in a brief, but in-depth, approach. It is an action-oriented method that elicits the power and autonomy of the client and facilitates change in a fun and exciting way. This workshop will focus on mastering this approach with ample opportunities for practice and personal work using video supervision. Come experience the effectiveness of this powerful and exciting approach.

**LEARNING OBJECTIVES** - Participants will be able to:
- Describe the history of the development of Redecision therapy
- State the major types of work in Redecision therapy
- List the seven major components of Redecision therapy
- Demonstrate contracting
- Describe the fourteen steps in the Redecision process
- Explain the contributions of Transactional Analysis and Gestalt Therapy

*This workshop is required as part of the Redecision Therapy Certification Program.

**DATES**  
August 12-17, 2019; July 20-25, 2020

**TIMES**  
9:00am - 4:30pm daily

**FACULTY**  
Vann Joines, Ph.D., Diplomate in Redecision Therapy

**TUITION**  
$1000 ($975 if registered one month in advance, $200 deposit)
Retake this Workshop for $200 off

**LEVEL**  
Beginner, Intermediate & Advanced

**CE CREDITS**  
36

*For a complete list of learning objectives and an outline of the program schedule, visit http://www.seinstitute.com or call (919) 929-1171.

---

**An Integrated Approach to Family Systems Therapy**

Chapel Hill, NC

This workshop will present an understanding of how family systems develop out of the Life Scripts of the individual partners who begin the family and how they can be worked with to assist the members in changing the family system so they achieve a happy family life. Structural, Strategic, and Redecision Family therapy will be taught in an integrated approach to maximize change by meeting the family at their level of functioning. Join us for a fun, informative, and therapeutic experience to learn how to work effectively with families in your practice.

**LEARNING OBJECTIVES** - Participants will be able to:
- Describe how family dynamics are shaped by the parents.
- Demonstrate how to conduct an initial, diagnostic interview.
- List three different approaches that can be used in treating families.
- Describe the different stroking patterns can exist in families.
- Describe the different levels of functioning in families.
- Explain the “outside in” approach of family therapy.
- Describe an approach to making explicit what is happening within the family system to the identified patient.
- Describe the importance of emotional literacy to healthy family development.
- Explain the role of attachment in family dynamics.
- List two benefits to working with the entire family, including children, as opposed to working with just children or just the parents.
- Describe the role of the therapist in an integrated systems approach to family therapy.

**DATES**  
August 14-15, 2020

**TIMES**  
9:00am - 5:00pm daily

**FACULTY**  
Vann Joines, Ph.D., Approved Supervisor-AAMFT

**TUITION**  
$360 ($340 if registered one month in advance, $100 deposit)

**LEVEL**  
Beginner & Intermediate

**CE CONTACT HRS**  
12

*For an outline of the program schedule, visit http://www.seinstitute.com or call (919) 929-1171.
Learn to Treat Trauma Quickly and Effectively with Energy Therapy - Trauma Resolution Energy Therapy (TRET) - Level I
Chapel Hill, NC

This workshop offers a powerful and effective way to resolve trauma of all types. It integrates traditional psychodynamic psychotherapy with energy psychology and provides a way to help clinicians get to and resolve unconscious material that few other approaches offer. Specific new skills that will be taught are:

- An analysis of trauma and how it limits our functioning
- Understanding the subtle energy systems in the body
- Energy balancing
- Muscle testing to communicate directly with the unconscious
- How to test for neurological disorganization and dehydration

LEARNING OBJECTIVES - Participants will be able to:

- Describe how trauma affects our functioning
- Lists the parts of the body’s subtle energy system
- Demonstrate muscle testing
- Explain how to test for neurological disorganization and dehydration
- Diagnosing trauma and traumatic patterns
- A trauma resolution protocol for clearing trauma and traumatic patterns
- Clearing psychological reversals to eliminate resistance
- How to clear negative core beliefs
- How to install positive core beliefs

*Note: This workshop is a prerequisite for taking TRET - Level 2

Parental Projection Protocol with Tony Roffers, Ph.D
Chapel Hill, NC

This workshop will be skill-based training on how to use the Parental Projection Protocol. Some familiarity with muscle testing and Advanced Integrative Therapy (AIT) or Trauma Resolution Energy Therapy (TRET) is advised.

The Parental Projection Protocol is a very powerful protocol in Energy Psychology, developed by Tony Roffers, Ph.D. It is used to resolve projections, introjections, triggers, abuse, unresolved emotions and sensations, and the patterns and connections associated with them. Each of these concepts will be defined and illustrated with examples. Dr. Roffers will describe how the protocol was developed and provide live demonstrations of how it is used showing how to streamline the AIT and TRET treatment procedure.

Participants will then be divided into pairs to practice this protocol with one another under Dr. Roffers’ supervision. Come learn a powerful new tool for your practice of Energy Psychology.

DATES Saturday, September 21, 2019
TIME 9:00am - 5:00pm
FACULTY Tony Roffers, Ph.D., Certified Teacher and Supervisor, AIT
TUITION $180 ($170 if registered one month in advance, $90 deposit)
LEVEL Intermediate & Advanced
CE CONTACT HRS 6
Trauma Resolution Energy Therapy (TRET) - Level II
Chapel Hill, NC

*Note: TRET Level 1 is a prerequisite for this workshop.*

This workshop is the second level of TRET training following Level I. In it you will learn how to get a thorough history of the client’s trauma, organize the work into themes, do a case analysis, do treatment planning, evaluate the ego strength of the client and increase it if necessary, work with boundary issues, learn surrogate muscle testing, work with the meridians for specific issues, and instill positive qualities.

**LEARNING OBJECTIVES** - Participants will be able to:

- Describe how to get a complete history of the client’s trauma
- Organize the work into themes
- Demonstrate short term work
- List the steps in treatment planning
- Explain how to work with themes
- Describe the order of treatment
- State the options for treatment when a client does not have sufficient ego strength to treat early trauma
- Explain when and why you treat core beliefs
- Describe what you do when a core belief is not clearing
- List three options for surrogate muscle testing
- Demonstrate diagnosing the earliest originating trauma
- Explain short cuts that can be used
- Give examples of when to instill positive qualities

**DATES**
February 28-March 1, 2020

**TIMES**
9:00am - 5:30pm daily

**FACULTY**
Vann S. Joines, Ph.D., Certified Energy Diagnostics and Treatment Methods Level I & II Trainer and Certified Advanced Integrative Therapy Teacher and Supervisor

**TUITION**
$540 ($520 if registered one month in advance, $200 deposit)
Retake this seminar for $200 off

**LEVEL**
Advanced

**CE CONTACT HRS**
18

*For an outline of the program schedule, visit http://www.seinstitute.com or call (919) 929-1171.*
VANN JOINES, PH.D. - Clinical Psychologist; President and Director, Southeast Institute for Group and Family Therapy; International Psychotherapy Trainer, Supervisor, and Consultant, having taught in over 30 countries; Certified Teaching and Supervising Transactional Analyst and 1994 Winner of the Eric Berne Memorial Award, International Transactional Analysis Association; Diplomate and Founding Member, Redecision Therapy Association; Clinical Member and Approved Supervisor, American Association for Marriage and Family Therapy; Licensed Psychologist, State of North Carolina; Certified Group Psychotherapist with the National Registry of Group Psychotherapists; Certified EDxTM Practitioner and Level I & II Trainer; Creator of Trauma Resolution Energy Therapy (TRET); Creator of Personality Focused Treatment (PFT®️), Member, American Psychological Association, and Association for Comprehensive Energy Psychology; Life Fellow, American Group Psychotherapy Association; Co-Author, TA Today: A New Introduction to Transactional Analysis (Lifespace Publishing, 1987, 2012), and Personality Adaptations: A New Guide to Human Understanding in Psychotherapy and Counseling (Lifespace Publishing, 2002). Author, Joines Personality Adaptations Questionnaire and the JPAQ Administration, Scoring, and Interpretative Kit (Southeast Institute, 2002).

GARY PETERSON, M.D. DLFAPA, LFAAcap - Board certified in psychiatry and child psychiatry. For over 20 years he has been treating preteens, adolescents, young adults, couples and families with trauma-informed care. Dr. Peterson provides professional training and case consultation to mental health professionals. He is recognized for his work with complex trauma and dissociation. Dr. Peterson is an ISSTD Instructor for the Professional Training Program, Center for Advanced Studies in Trauma and Dissociation. He is an EMDRIA Approved Consultant and an EMDR Institute Facilitator. He is ACEP Diplomate, Comprehensive Energy Psychology and Certification Consultant In Comprehensive Energy Psychology. Dr. Peterson is author of Energy Healing in Psychotherapy: A Clinician’s Desktop Handbook (Southeast Institute, 2006, revised, 2018).

TONY ROFFERS, PH.D. - Received his Ph.D. from the University of Minnesota in Counseling Psychology. He has served on the faculty at the University of California, Berkeley, San Francisco State University and Saint Mary’s College of California, where he trained hundreds of therapists on the masters and doctoral levels. Dr. Roffers has trained in many forms of traditional psychotherapy but has more recently focused on the energy therapies. He was one of the first professionals trained in Advanced Integrative Therapy in 1999 and served as Asha Clinton’s educational consultant for designing the AIT Training Program as well as serving on the AIT Board of Directors for many years. He currently maintains a private practice in Oakland, California.

JESSICA D’ANDREA, PSY.D. - Jessica is a Licensed Clinical Psychologist with over 10 years of experience working as a Clinical Psychologist and Neuropsychologist. Certified Transactional Analyst, Certified Redecision Therapist, Certified Personality Focused Treatment (PFT) - Practitioner, Trauma Resolution Energy Therapy trainee. Advanced Integrative Therapy trainee, specializing in Neuropsychology and Psychotherapy, with experience both abroad and in the United States. Clinical and teaching experience includes extensive knowledge of ethical regulations, evidence-based psycho- and neuropsychological diagnostic assessment, diagnosis and treatment of a variety of disorders, through individual, couple, family and group therapy. Jessica was born in Italy, and grew up there until she met her husband. They moved together to the US in 2010. Today she lives in NC, with her husband and her daughter. Jessica’s current interests are emotional literacy and attachment in couples and families, as well as helping people learning about their personal strengths, and how to grow healthy relationships. She and her family love outdoor adventures, they are passionate about going to the zoo and photography is a family hobby.

CONTINUING EDUCATION CREDITS

APA
Southeast Institute for Group and Family Therapy is approved by the American Psychological Association to sponsor continuing education for psychologists. Southeast Institute for Group and Family Therapy maintains responsibility for this program and its content. At the time of publication of this brochure (June 2019) all programs are under review for approval. For up-to-date information about which programs are approved for APA continuing education, check our website at http://www.seinstitute.com or call (919) 929-1171.

NBCC
Southeast Institute for Group and Family Therapy has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 6756. Programs that do not qualify for NBCC credit are clearly identified. Southeast Institute for Group and Family Therapy is solely responsible for all aspects of the programs.

Please note: All licensed professionals are urged to check with their licensing authorities to determine which CE credits will qualify for license renewal.

Our cancellation policy can be found here:
http://www.seinstitute.com/cancellation-policy/
### 2019

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>JUNE 28-29</td>
<td>Personality Focused Treatment (PFT)®️ with Vann Joines (Chapel Hill)</td>
<td></td>
</tr>
<tr>
<td>JULY 12-13</td>
<td>Working with the Group as a Whole with Vann Joines, Ph.D. (Chapel Hill)</td>
<td></td>
</tr>
<tr>
<td>JULY 8</td>
<td>Beginning of PFT Level I Supervision with Vann Joines, Ph.D. (Chapel Hill)</td>
<td></td>
</tr>
<tr>
<td>JULY 15</td>
<td>Beginning of PFT Level II Supervision with Vann Joines, Ph.D. (Chapel Hill)</td>
<td></td>
</tr>
<tr>
<td>JULY 30-31</td>
<td>Understand Yourself and Others – TA 101 Course with Vann Joines, Ph.D.; Valerie Batts, Ph.D.; Graham Barnes, Ph.D.; Felipe Garcia, M.A. (Raleigh, NC)</td>
<td></td>
</tr>
<tr>
<td>JULY 30-AUG. 4</td>
<td>50th Anniversary Conference of the Southeast Institute (Raleigh, NC)</td>
<td></td>
</tr>
<tr>
<td>AUGUST 12-17</td>
<td>Mastering Redecision Therapy with Vann Joines, Ph.D. (Chapel Hill)</td>
<td></td>
</tr>
<tr>
<td>SEPTEMBER 12</td>
<td>Beginning of the Fall Semester of the Therapy Group for Therapists with Vann Joines, Ph.D. (Chapel Hill)</td>
<td></td>
</tr>
<tr>
<td>SEPTEMBER 13</td>
<td>Beginning of the Fall Semester of the Advanced Supervision with Vann Joines, Ph.D. (Chapel Hill)</td>
<td></td>
</tr>
<tr>
<td>SEPTEMBER 13-14</td>
<td>Beginning of the Fall Semester of the Certification Training Program in TA and Redecision Therapy with Vann Joines, Ph.D. &amp; Jessica D'Andrea, Psy.D. (Chapel Hill)</td>
<td></td>
</tr>
<tr>
<td>SEPTEMBER 21</td>
<td>Parental Projection Protocol with Tony Roffers, Ph.D. (Chapel Hill)</td>
<td></td>
</tr>
<tr>
<td>SEPTEMBER 26-27</td>
<td>Understand Yourself and Others – TA 101 Course with Vann Joines, Ph.D. (Chapel Hill)</td>
<td></td>
</tr>
<tr>
<td>SEPTEMBER 27-29</td>
<td>Weekend Personal Growth Marathon with Vann Joines, Ph.D. (Chapel Hill)</td>
<td></td>
</tr>
<tr>
<td>OCTOBER 4-5</td>
<td>Personality Focused Therapy with Vann Joines, Ph.D. (New Orleans)</td>
<td></td>
</tr>
<tr>
<td>OCTOBER 25-26</td>
<td>Beginning of the Certification Training Program in TA and Redecision/Relational Therapy with Vann Joines, Ph.D. (Louisville)</td>
<td></td>
</tr>
<tr>
<td>NOVEMBER 1-3</td>
<td>Couples Weekend Workshop with Vann Joines, Ph.D. &amp; Jessica D'Andrea, Psy.D. (Chapel Hill)</td>
<td></td>
</tr>
<tr>
<td>NOVEMBER 14</td>
<td>Beginning of Complex Trauma Part I with Gary Peterson, MD (Chapel Hill)</td>
<td></td>
</tr>
<tr>
<td>NOVEMBER 15-17</td>
<td>Trauma Resolution Energy Therapy - (TRET) Level I with Vann Joines, Ph.D. (Chapel Hill)</td>
<td></td>
</tr>
<tr>
<td>DECEMBER 11</td>
<td>Beginning of TRET Level I Supervision with Vann Joines, Ph.D. (Chapel Hill)</td>
<td></td>
</tr>
</tbody>
</table>

### 2020

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>JANUARY 17-18</td>
<td>Personality Focused Treatment (PFT)®️ with Vann Joines, Ph.D. (Chapel Hill)</td>
<td></td>
</tr>
<tr>
<td>FEBRUARY 3</td>
<td>Beginning of PFT Level I Supervision with Vann Joines, Ph.D. (Chapel Hill)</td>
<td></td>
</tr>
<tr>
<td>FEBRUARY 6</td>
<td>Beginning of the Spring Semester of the Therapy Group for Therapists with Vann Joines, Ph.D. (Chapel Hill)</td>
<td></td>
</tr>
<tr>
<td>FEBRUARY 7</td>
<td>Beginning of the Spring Semester of the Advanced Supervision with Vann Joines, Ph.D. (Chapel Hill)</td>
<td></td>
</tr>
<tr>
<td>FEBRUARY 7-8</td>
<td>Beginning of the Spring Semester of the Certification Training Program in TA and Redecision Therapy with Vann Joines, Ph.D. &amp; Jessica D'Andrea, Psy.D. (Chapel Hill)</td>
<td></td>
</tr>
<tr>
<td>FEBRUARY 10</td>
<td>Beginning of PFT Level II Supervision with Vann Joines, Ph.D. (Chapel Hill)</td>
<td></td>
</tr>
<tr>
<td>FEBRUARY 14-15</td>
<td>Beginning of the Spring Semester of the Certification Training Program in TA and Redecision Therapy with Vann Joines, Ph.D. (Louisville)</td>
<td></td>
</tr>
<tr>
<td>FEBRUARY 20-21</td>
<td>Understand Yourself and Others – TA 101 Course with Vann Joines, Ph.D. (Chapel Hill)</td>
<td></td>
</tr>
<tr>
<td>FEBRUARY 21-23</td>
<td>Weekend Personal Growth Marathon with Vann Joines, Ph.D. (Chapel Hill)</td>
<td></td>
</tr>
<tr>
<td>FEB. 28- MAR. 1</td>
<td>Trauma Resolution Energy Therapy - (TRET) Level II with Vann Joines, Ph.D. (Chapel Hill)</td>
<td></td>
</tr>
<tr>
<td>MARCH 11</td>
<td>Beginning of TRET Level II Supervision with Vann Joines, Ph.D. (Chapel Hill)</td>
<td></td>
</tr>
<tr>
<td>APRIL 24-26</td>
<td>Couples Weekend with Vann Joines, Ph.D. &amp; Jessica D'Andrea, Psy.D. (Chapel Hill)</td>
<td></td>
</tr>
<tr>
<td>MAY 22-23</td>
<td>Energy Healing in Psychotherapy with Gary Peterson, M.D. (Chapel Hill)</td>
<td></td>
</tr>
<tr>
<td>JUNE 26-27</td>
<td>Personality Focused Treatment (PFT)®️ with Vann Joines, Ph.D. (Chapel Hill)</td>
<td></td>
</tr>
<tr>
<td>JULY 10-11</td>
<td>Life Script workshop with Vann Joines, Ph.D. (Chapel Hill Couples Weekend with Vann Joines, Ph.D. (Chapel Hill)</td>
<td></td>
</tr>
<tr>
<td>JULY 17-18</td>
<td>Working with the Group as a Whole with Vann Joines, Ph.D. (Chapel Hill)</td>
<td></td>
</tr>
<tr>
<td>JULY 20-25</td>
<td>One-Week Workshop: Mastering Redecision Therapy with Vann Joines, Ph.D. (Chapel Hill)</td>
<td></td>
</tr>
<tr>
<td>AUGUST 14-15</td>
<td>An Integrated Family Systems Therapy with Vann Joines, Ph.D. (Chapel Hill)</td>
<td></td>
</tr>
<tr>
<td>SEPTEMBER 24-25</td>
<td>Understand Yourself and Others – TA 101 Course with Vann Joines, Ph.D. (Chapel Hill)</td>
<td></td>
</tr>
<tr>
<td>SEPTEMBER 25-27</td>
<td>Weekend Intensive Personal Growth Marathon with Vann Joines, Ph.D. (Chapel Hill)</td>
<td></td>
</tr>
</tbody>
</table>
SPECIAL WORKSHOPS

COUPLES WEEKEND WORKSHOPS
November 1-3, 2019:
Vann Joines, Ph.D. & Jessica D’Andrea, Psy.D.
April 24-26, 2020:
Vann Joines, Ph.D. & Jessica D’Andrea, Psy.D.

TRAUMA RESOLUTION ENERGY THERAPY (TRET):
Level I: November 15-17, 2019
Vann Joines, PhD.
Level II: February 28-March 1, 2020
Vann Joines, Ph.D.

PARENTAL PROJECTION PROTOCOL
September 21, 2019
Tony Roffers, Ph.D.