Continuing Education Training Programs, Workshops, and Supervision for Mental Health Professionals and the General Public

Vann Joines, Ph.D., Director

2021-2022 COURSE GUIDE

Special Workshops

COUPLES WEEKEND WORKSHOPS
October 29-31, 2021  Vann Joines, Ph.D. & Jessica D’Andrea, Psy.D.
April 29-May 1, 2022  Vann Joines, Ph.D. & Jessica D’Andrea, Psy.D.

TRAUMA RESOLUTION ENERGY THERAPY (TRET)®
Level I - October 1-3, 2021  Vann Joines, Ph.D.
Level II - December 3-5, 2021  Vann Joines, Ph.D.
HISTORY
The Southeast Institute for Group and Family Therapy was founded in 1969 as a non-profit educational institute called the Fellowship for Racial and Economic Equality (FREE). Its goal was to promote racial and economic justice in the United States, with a primary focus on working with groups of Blacks and Whites in the Southeast and training faculty and counselors in Historically Black Colleges and Universities throughout the South. By 1971, the Fellowship offered training in Transactional Analysis and creative group problem solving for improving psychotherapy skills and confronting social problems.

In 1973, the Fellowship moved to Chapel Hill, NC, and changed its name to Southeast Institute for Group and Family Therapy to reflect an expanded focus. Shortly after this move, Southeast Institute launched an experimental Master of Arts program in psychotherapy and social change. Twenty-two students were graduated in 1975. Due to a shortage of grant money to continue a graduate program, Southeast Institute began focusing primarily on continuing education training and supervision for mental health professionals.

Southeast Institute held an annual Spring Conference from 1974 to the mid-1980s with 300 to 1100 people attending each year. In 1977, the annual Eric Berne Lectures on Social Psychotherapy were inaugurated with a lecture by Gregory Bateson, Ph.D. Over the years, Southeast Institute has earned international respect and recognition for its excellence of training and its continued commitment to developing effective models for individual and social change. We just celebrated our 50th Anniversary with a conference in Raleigh, NC July 31-Aug. 3, 2019, with participants from over 20 countries, entitled “Promoting Equality and OKness: Healing the Divisions in Our World.”

MISSION STATEMENT
The Southeast Institute for Group and Family Therapy is committed to making the world a better place for all by connecting people to their worth, value, and dignity and the worth, value, and dignity of others. We offer to our clients, excellence in clinical therapy and psychotherapy training.

WHY THIS TRAINING IS IMPORTANT
This training is designed for mental health professionals—psychologists, professional counselors, marriage and family therapists, social workers, and others—who are working with children, adults, couples, groups, and families. This training allows mental health professionals to stay abreast of the latest developments in the practice of psychotherapy while maintaining a concern for the common good. It also fulfills their continuing education requirements for licensure.

ON-GOING TRAINING PROGRAMS
Certification Training Program in Transactional Analysis and Redecision/Relational Therapy
Chapel Hill, NC, and Louisville, KY
This is a comprehensive training program integrating the approaches of transactional analysis, gestalt, rededication therapy, relational therapy, attachment theory, systems theory, developmental theory, personality adaptations, neuroscience, body-work approaches, and energy psychology. We offer a powerful in-depth, short-term approach that combines cognitive, behavioral, and affective/experiential techniques with an emphasis on working with the emotional brain for lasting change. The focus of the training is on developing a broad conceptual framework and mastering effective techniques for individual, couple, family, and group therapy. The program meets on a Friday and Saturday once a month for 10 months and is designed on a two-year cycle. Enrollment is on a semester basis. Certification as a TA Practitioner requires the TA 101 course and 10 months of training. Certification as a Redecision Therapist requires 20 months of training, a written exam, and a tape demonstrating one’s competence in rededication therapy.

In Louisville, the program meets every other month. The program consists of theory, demonstration, supervision, and experiential work. Our experience is that individuals learn best by having an opportunity to practice what they are learning and by getting direct supervision of their work. Therefore, we have participants work directly with one another using video to enhance the supervision. Participants also have the opportunity to do personal work with the faculty and to observe them working with others.

“I have learned so much that has enriched my personal and professional life. And it has been fun! I feel lucky to have had the experience.” James Binder, M.D., Charleston, WV

“I have learned so much that has enriched my personal and professional life. And it has been fun! I feel lucky to have had the experience.” James Binder, M.D., Charleston, WV

“The postgraduate program at SEI has been a valuable, rewarding experience for me both professionally and personally. I highly recommend it to any psychiatric/mental health professional wanting to be more effective with clients.” Nina Roslovic, Certified Family Psychiatric Nurse Practitioner, Columbus, OH

“This training has tremendously enhanced my clinical skills and contributed to improved patient outcomes, and increased confidence for myself as a therapist. The group modality offers a safe and supportive environment for learning and practicing new skills as well as valuable clinical supervision of existing cases. I highly recommend this training to any psychotherapist who is looking for effective ways to acquire new skills and get peer support for ongoing practice.” Merya Wolfe, M.A., LCSW, Cary, NC

DATES TOPICS
SEPTEMBER The Initial Interview, Contracting
OCTOBER Redecision Therapy, Structural Analysis
NOVEMBER Personality Focused Treatment (PFT)®, TA Proper
DECEMBER Working from a Developmental Framework, Psychological Hungers
JANUARY Gestalt Therapy, Redefining and Frames of Reference
FEBRUARY Relational Therapy, Racket Analysis
MARCH Dream Work, Game Analysis
APRIL Working with Borderline Personality Disorder, Passivity & Discounting
MAY Working with Narcissistic Personality Disorder, Script Analysis
JUNE Working with Antisocial personality Disorder, The Overall Framework

LEARNING OBJECTIVES - PARTICIPANTS WILL BE ABLE TO:
• Demonstrate contracting
• Describe the Redecision process
• Explain Personality Focused Treatment
• List the six core personality adaptations
• List the major developmental stages in childhood
• Describe the contact cycle
• List the different levels of passive behavior
• Explain when relational therapy is most important
• Describe how to get a therapeutic alliance with someone with BPD
• Explain how to make contact with someone with ASPD

*For a complete list of learning objectives and the training schedule, visit http://www.seinstitute.com or call (919) 929-1171.
Continued...
Advanced Supervision and Training
Chapel Hill, NC

This program is designed for mental health professionals who have completed two years in the Certification Training Program in Transactional Analysis and Redecision/Relational Therapy and need additional supervision for certification and for individuals who want supervision as a marriage and family therapist, a professional counselor, or other on-going supervision requirements. Participants will present tapes and cases of their work for supervision and study advanced theory in addition to working with the first- and second-year trainees in the On-Going Program.

LEARNING OBJECTIVES – PARTICIPANTS WILL BE ABLE TO:
• Demonstrate contracting
• List the 14 steps in redecision therapy
• Describe Personality Focused Treatment
• Explain when relational therapy is most important
• List the steps in Redecision Dream work

DATES
October 22-23, Dec. 17-18, Feb. 18-19, April 22-23, June 17-18
TIMES
Fridays 9:00am - 5:00pm; Saturdays 9:00am - 4:30pm
FACULTY
Vann Joines, Ph.D.
TUITION
$1900 per year ($380 deposit; balance payable $380 per month for 4 months)
LEVEL
Beginner, Intermediate, & Advanced
CE CONTACT HRS
120 for the Year Cost: $20 per weekend administrative fee

Certification Programs in Personality-Focused Treatment (PFT®)
Chapel Hill, NC and Online

The Southeast Institute is pleased to announce two new certification programs in Personality-Focused Treatment (PFT®) for professionals who want to practice, teach, and train others in the application of Personality Adaptations and the JPAQ (Joines Personality Adaptations Questionnaire). This program will consist of two levels of certification: 1. Certified PFT Practitioner (to Practice) and 2. Certified PFT Trainer (to train and teach others).

Level I (Certified PFT Practitioner) of this program will consist of a two-day introductory workshop on Personality Adaptations and the JPAQ. This program will be followed by 6, one-hour, online supervision sessions in which participants will present 2 cases of clients they are working with using a Personality-Focused Treatment (PFT®) approach under the direct supervision of Vann Joines, Ph.D., Co-Author of Personality Adaptations: A New Guide to Human Understanding in Psychotherapy and Counseling, and Author of the Joines Personality Adaptation Questionnaire; Certified PTF Trainer.

Level II (Certified PFT Trainer) will consist of a two-day advanced workshop on diagnosis and treatment planning, followed by 6 additional monthly, one-hour online supervision sessions focused on teaching, training, and supervising others in this approach.

INTRODUCTORY WORKSHOPS

DATES
January 21-22, 2022 - Chapel Hill, NC
June 24-25, 2022 - Chapel Hill, NC
TIMES
9:00am - 5:00pm daily

ADVANCED WORKSHOPS

DATES
August 6-7, 2021 - Chapel Hill, NC
March 18-19, 2022 - Chapel Hill, NC
August 5-6, 2022 - Chapel Hill, NC
TIMES
9:00am - 5:00pm daily

SUPERVISION - Online Video Conference

DATES
Level I begins July 5, 2021 for 6 sessions
Level I begins January 31, 2022
Level II begins August 23, 2021 for 6 sessions
Level II begins April 6, 2022
TIMES
Level I is 1:00pm - 2:00pm
Level II is 1:00pm - 3:00pm
FACULTY
Vann Joines, Ph.D.
TUITION
Introductory Workshop - $380
($360 if registered one month in advance, $100 deposit)
Level I Supervision Sessions - $420 for 6 sessions
($400 if registered one month in advance, $100 deposit, balance...
Level II beginning December 15, 2021

- Demonstrate clearing trauma with energy therapy
- Explain how trauma is held energetically in the body and how it can be cleared
- Explain muscle testing
- Develop a treatment plan
- Identify the traumas needing treatment
- Conduct a case analysis
- Get a trauma history

This is an online supervision conference for individuals who are treating trauma with energy therapy. It consists of one-hour sessions with one participant presenting a prepared case each session that will be supervised by Dr. Joines. The remaining time will be used for questions and answers.

**LEARNING OBJECTIVES – PARTICIPANTS WILL BE ABLE TO:**
- Get a trauma history
- Conduct a case analysis
- Identify the traumas needing treatment
- Develop a treatment plan
- Explain muscle testing
- Explain how trauma is held energetically in the body and how it can be cleared
- Demonstrate clearing trauma with energy therapy

**DATES**
- Level I begins October 13, 2021
- Level II beginning December 15, 2021

**Supervision for Trauma Resolution Energy Therapy (TRET)**

**Online Video Conference**

This is an online supervision conference for individuals who are treating trauma with energy therapy. It consists of one-hour sessions with one participant presenting a prepared case each session that will be supervised by Dr. Joines. The remaining time will be used for questions and answers.

**LEARNING OBJECTIVES – PARTICIPANTS WILL BE ABLE TO:**
- Get a trauma history
- Conduct a case analysis
- Identify the traumas needing treatment
- Develop a treatment plan
- Explain muscle testing
- Explain how trauma is held energetically in the body and how it can be cleared
- Demonstrate clearing trauma with energy therapy

**DATES**
- Wednesdays 1:00pm - 2:00pm

**FACULTY**
- Vann Joines, Ph.D., Originator of Trauma Resolution Energy Therapy (TRET)

**TUITION**
- $420 for 6 sessions ($400 if registered one month in advance, $100 deposit, balance payable $60 per session for 5 sessions)

**LEVEL**
- All

**LIMIT**
- 6 participants

**CE CONTACT HRS**
- 1 per month
5. Demonstrate how to close an escape hatch.
6. Explain how to stop a conflictual loop

DATES To be determined.
TIMES 2:00pm - 3:00pm
FACULTY Vann S. Joines, Ph.D. and Jessica D’Andrea, Psy.D.
TUITION $300 for a Series of 5 - One Hour Lectures ($100 Deposit)
LEVELS All
CE CONTACT HRS APA 5, NBCC 5

Understanding Yourself and Others: The Theory and Practice of Transactional Analysis (TA 101 Course)
Chapel Hill, NC

The TA 101 is a powerful and transforming experience opening new vistas to understanding yourself and others. It provides a comprehensive introduction to the theory and practice of transactional analysis. Transactional analysis, as developed by Eric Berne, M.D., is both a theory of personality and human interaction, and a method of psychotherapy, counseling, organizational analysis, and educational consultation. This course will provide an in-depth new perspective for understanding human behavior.

The format is a combination of lecture, group discussion, experiential exercises, and fun under the leadership of a Certified Teaching and Supervising Transactional Analyst in the International Transactional Analysis Association. Participation in this course qualifies you for Regular Membership in the ITAA, and is required for certification as a TA Practitioner.

*Participants are encouraged to register for the Weekend Intensive Personal Growth Marathon as well, in order to experience how the theory is applied in facilitating personal change.

LEARNING OBJECTIVES - PARTICIPANTS WILL BE ABLE TO:
- List the philosophical assumptions of TA
- Identify the four major components of TA
- Explain structural analysis
- Describe how to use contracting
- Identify and describe one’s life script
- List the five drivers
- Explain the four basic existential positions
- Define a stroke according to TA theory
- Compare and contrast the differences between strokes for doing and strokes for being
- Describe three types of transactions

DATES September 23-24, 2021
February 3-4, 2022
September 22-23, 2022
TIMES 9:00am - 5:00pm daily
FACULTY Vann Joines, Ph.D. and Jessica D’Andrea, Psy.D.
TUITION $380 ($360 if registered one month in advance, $100 deposit)
*Retake this workshop for $100 off
LEVEL ALL

Weekend Intensive Personal Growth Workshop
Chapel Hill, NC

This weekend is designed to enable participants to identify their strengths and build on them by bringing into awareness and changing early decisions and behaviors which are limiting or self-defeating in the present. Life Script theory along with Redecision Therapy and other experiential techniques are used to assist participants in making the changes they desire. Join us for a powerful and fun weekend experience.

*Participants are encouraged to register for the TA 101 Course as well, in order to get an overview of the theory that is used in the process.

DATES September 24-26, 2021
February 4-6, 2022
September 23-25, 2022

Time Schedule:
Friday 7:00pm - 10:00pm; Saturday 9:00am - 5:00pm;
Sunday 9:00am - 4:00pm

FACULTY Vann Joines, Ph.D. and Jessica D’Andrea, Psy.D.
TUITION $475 ($450 if registered one month in advance, $100 deposit)

Couples Weekend Workshop
Chapel Hill, NC

Make major changes in yourself and your relationship in a weekend and gain the tools for resolving future conflicts!

This is a powerful weekend experience for couples, designed to assist them in making desired changes, both in themselves and their relationship, in order to have a fulfilling life together. Information from redecision therapy, family systems, family sculpting, attachment theory, and other approaches will be used to help couples increase their awareness, autonomy, spontaneity, and capacity for intimacy. Couples often accomplish as much in this weekend as in a year of weekly therapy. Join us for a fun and productive weekend.

Note: We also accept up to two therapists who want to observe in order to learn this process. We will meet with them periodically during the weekend.

LEARNING OBJECTIVES FOR THERAPIST OBSERVERS - THERAPISTS WILL BE ABLE TO:
- Describe the different escape hatches in couples’ relationships.
- Explain what is required and what is desired for intimacy.
- Describe the difference between target strokes and target discounts.
- List the four basic emotions and explain how emotional literacy is beneficial to couples
- Explain the connection between early attachment relationships and romantic relationships.
- List and describe four different attachment styles.
- Define “attachment longings.”
- Explain how a partner’s attempts to connect to his or her spouse will often push that person further away.
- Describe the role of the “initiator” in Pete Pearson and Ellyn Bader’s I to I process of communication.
- Describe the role of the “inquirer” in Pete Pearson and Ellyn Bader’s I to I process of communication.
- List three attributes of conflictual communication patterns.
- List three attributes of open communication patterns.
- Describe how couples’ relationship sculpts interlock
- List three benefits to group couples’ therapy.
- List 5 elements of contracting for safety in group couples therapy.

TIMES Friday 7:00pm - 10:00pm; Saturday 9:00am - 5:00pm;
Sunday 9:00am - 4:00pm
FACULTY Vann Joines, Ph.D. and Jessica D’Andrea, Psy.D.
TUITION $475 ($450 if registered one month in advance, $100 deposit)

CE CONTACT HOURS FOR THERAPIST OBSERVERS - THERAPISTS WILL BE ABLE TO:
- Include current dates and times.

CE CONTACT HRS APA 5, NBCC 5

Life Script Workshop
Chapel Hill, NC

The concept of the Life Script was one of Eric Berne’s most significant contributions to the fields of psychology and psychotherapy. No other theory contains as in-depth an insight into what is going on with people. Bringing into awareness an individual’s life script provides a tremendous tool for personal growth and change in their achievement of autonomy. Come learn how to help clients identify their life script and change it in order to live the type of life they desire. Participants will be taught how to use The Life Script Questionnaire, complete a Life Script Matrix, construct a Life Script Wheel and an Autonomy Wheel.

Opportunities will also be provided for practicing using these tools with a partner and doing psychotherapy to change one’s script under the direct supervision of the faculty.

*Participants are encouraged to register for the Weekend Intensive Personal Growth Marathon as well, in order to experience how the theory is applied in facilitating personal change.
LEARNING OBJECTIVES - PARTICIPANTS WILL LEARN HOW TO:
- Identify drivers, counter-injunctions, and injunctions.
- Explain what a racket is.
- List the major escape hatches.
- Explain the significance of fairy tales in the development of scripts.
- Describe different existential positions.
- Draw out a life script matrix.
- List the different parts of the script.

DATES    July 16–17, 2022
          July 8–9, 2022
TIMES    9:00am - 5:00pm daily
FACULTY  Vann Joines, Ph.D. and Jessica D'Andrea, Psy.D.
TUITION  $380 ($360 if registered one month in advance, $100 deposit)
LEVEL    ALL
CE CONTACT HRS  12

WORKSHOPS FOR THERAPIST ONLY

Personality Focused Therapy (PFT)® Level I - Improve Your Therapy and Relationships by Knowing How to Work Effectively with the Different Personality Adaptations
Chapel Hill, NC

Many therapists are effective with certain clients and have a difficult time with others. They become frustrated and believe that their therapeutic approach does not work with those clients. The problem is not the approach, but the difference in clients’ personality adaptations. This workshop uses theory, presentations, and demonstrations to teach mental health professionals how to work effectively with each adaptation. The concept of personality adaptations offers an exciting new approach to working with personality dynamics. It was originated by Paul Ware, M.D., and Taibi Kahler, Ph.D., and further developed by Vann Joines, Ph.D., as a result of 40 years of clinical observation and research. The workshop will cover the diagnosis and treatment of six core personality adaptations: Creative-Daydreamer (schizoid), Brilliant-Skeptic (paranoid), Charming-Manipulator (antisocial), Playful-Resister (passive-aggressive), Responsible-Workaholic (obsessive-compulsive), and Enthusiastic-Overreactor (histrionic). These adaptations form the basic building blocks of personality and can be observed across the different DSM-5 disorders. Each adaptation has its own unique way of approaching the world, working most effectively in making changes, and defending against vulnerability.

We will look at how the adaptations develop, how they interact in the world, the major treatment issues, and how to work most effectively with each type. The book, Personality Adaptations, (Lifespace, 2002) and a questionnaire developed by Vann Joines, Ph.D., for understanding and assessing the adaptations will be provided to each participant. By knowing these adaptations, therapists—regardless of their theoretical orientation—can quickly establish rapport, target interventions, avoid getting stuck in defenses, and maximize their effectiveness.

*Note: This workshop is required for the Personality Focused Treatment (PFT)® Level I Certification Program and the PFT Level II workshop.

LEARNING OBJECTIVES - PARTICIPANTS WILL BE ABLE TO:
- List the six core personality adaptations.
- Describe how the adaptations develop.
- List the therapeutic doors for each adaptation.
- Explain the difference between the surviving and performing adaptations.
- List the primary drivers for each adaptation.
- List the six personality adaptations.
- Summarize the influence of nature and nurture on the development of personality adaptations.
- Explain the concepts of open door, target door, and trap door.
- Briefly describe the five driver behaviors outlined by Bob and Mary Goulding.
- List three examples of “cons” and their corresponding personality adaptations.
- Explain how parenting style shapes personality development.

DATES    January 21-22, 2022
          June 24-25, 2022
TIMES    9:00am - 5:00pm daily
FACULTY  Vann Joines, Ph.D.
TUITION  $380 ($360 if registered one month in advance, $100 deposit)
Retake this workshop for $100 off
LEVEL    All
CE CONTACT HRS  12

Personality Focused Treatment (PFT)® Level II - Advanced Diagnosis and Treatment Planning
Chapel Hill, NC

This workshop will cover advanced information on diagnosis and treatment planning with the different personality adaptations using a Transactional Analysis and Redecision Therapy framework. Each of these adaptations operate from a different existential position and each has a specific open door in which they easily make contact with others, a target door which is most effective in helping them make change, and a trap door in which they have the greatest defenses and needs to be avoided. We will explore this information and demonstrate it in work with participants. Knowing this information can make you a more effective therapist regardless of your treatment modality.

*Note: This workshop is required for the Personality Focused Treatment (PFT)® Level II Certification Program.

LEARNING OBJECTIVES - PARTICIPANTS WILL BE ABLE TO:
- Explain the different existential positions.
- Describe which personality adaptations fit within each existential position.
- List the typical behaviors for each existential position.
- Explain the escape hatch for each existential position and how to close it.
- Describe the attachment and differentiation issues for each existential position.
- State the order of treatment necessary for each personality adaptation.
- Match the types of interventions with the levels of functioning of different clients.

DATES    August 6-7, 2021
          March 18-19, 2022
          August 5-6, 2022
TIMES    9:00am - 5:00pm daily
FACULTY  Vann Joines, Ph.D.
TUITION  $380 ($360 if registered one month in advance, $100 deposit)
Retake this workshop for $100 off
LEVEL    All
CE CONTACT HRS  12

Working with the Group as a Whole
Chapel Hill, NC

Learn to be an Effective Group Leader - A therapy group is a living system and as such goes through a developmental process in order to achieve a state of mature functioning. Part of the therapist’s job is to attend to and assist in that development so that the group is structured as an effective therapeutic tool to promote the growth of its members. This workshop will consist of theory and group experience in order to learn how to achieve a high level of group cohesion and effectiveness.

LEARNING OBJECTIVES - PARTICIPANTS WILL BE ABLE TO:
- List the different types of therapy groups.
- Describe the value of the group as a whole perspective.
- Give examples of group as a whole interventions.
- State the different stages of group development.
- Discuss how group norms are developed.
- Identify early issues that emerge in group work and how they are resolved.
- List the different roles that emerge in the group.
- Describe the different stages of group imago adjustment that occur.
One-Week Workshop: Mastering Redecision Therapy
Chapel Hill, NC

Modern neuroscience indicates that it is working with the emotional brain that produces the most effective change in psychotherapy. Redecision therapy is a powerful, short-term treatment approach that works experientially with the emotional brain to produce lasting change. It treats a number of emotional problems including depression, anxiety, panic, phobias, obsessive-compulsive disorders, and early trauma. Redecision Therapy integrates cognitive, behavioral, and affective work in a brief, but powerful in-depth, approach. It is an action-oriented method that elicits the power and autonomy of the client and facilitates change in a fun and exciting way. This workshop will focus on mastering this approach with ample opportunities for practice and personal work using video supervision. Come experience the effectiveness of this powerful and exciting approach.

LEARNING OBJECTIVES - PARTICIPANTS WILL BE ABLE TO:
• Describe the history of the development of Redecision therapy
• State the major types of work in Redecision therapy
• List the seven major components of Redecision therapy
• Demonstrate contracting
• Describe the fourteen steps in the Redecision process
• Explain the contributions of Transactional Analysis and Gestalt Therapy
• List the five layers of an impasse
• Describe the four types of impasses
• Demonstrate the Redecision Process
• Explain how to work with dreams using Redecision therapy
• Describe how to work with phobias using Redecision therapy

*NOTE: This workshop is required as part of the Redecision Therapy Certification Program.

DATES July 23-24, 2022
September 27-28, 2022

TIMES 9:00am - 5:00pm daily

FACULTY Vann Joines, Ph.D., Diplomate in Redecision Therapy
Jessica D’Andrea, Psy.D., CTA, Certified Redecision Therapist

TUITION $360 ($340 if registered one month in advance, $100 deposit)

LEVEL Beginner and Intermediate

CE CONTACT HRS 12

*For an outline of the program schedule, visit http://www.seinstitute.com or call (919) 929-1171.

SPECIAL WORKSHOPS FOR THERAPISTS ONLY

Learn to Treat Trauma Quickly and Effectively with Energy Therapy - Trauma Resolution Energy Therapy (TRET) Level I
Chapel Hill, NC

This workshop offers a powerful and effective way to resolve trauma of all types. It integrates traditional psychodynamic psychotherapy with energy psychology and provides a way to help clinicians get to and resolve unconscious material that few other approaches offer. Specific new skills that will be taught are:

• An analysis of trauma and how it limits our functioning
• Understanding the subtle energy systems in the body
• Energy balancing
• Muscle testing to communicate directly with the unconscious
• How to test for neurological disorganization and dehydration
• Diagnosing trauma and traumatic patterns
• A trauma resolution protocol for clearing trauma and traumatic patterns
• Clearing psychological reversals to eliminate resistance
• How to clear negative core beliefs
• How to install positive core beliefs

LEARNING OBJECTIVES - PARTICIPANTS WILL BE ABLE TO:
• Describe how trauma affects our functioning
• Lists the parts of the body’s subtle energy system
• Demonstrate muscle testing
• Explain how to test for neurological disorganization and dehydration
• Demonstrate how to test for and clear trauma
• Describe what a negative core belief is
• Explain why it is important to clear negative core beliefs
• Demonstrate how to clear a psychological reversal

*NOTE: This workshop is a prerequisite for taking TRET - Level II

DATES October 1-3, 2021

TIMES 9:00am - 5:00pm daily

FACULTY Vann S. Joines, Ph.D., Certified Energy Diagnostics and Treatment Methods Level I & II, Originator of Trauma Resolution Energy Therapy (TRET) Level I and II

TUITION $550 ($530 if registered one month in advance; $200 deposit)
Retake this seminar for $200 off.

LEVEL Beginner and Intermediate

CE CONTACT HRS 18
Trauma Resolution Energy Therapy (TRET)® - Level II
Chapel Hill, NC

*NOTE: TRET Level I is a prerequisite for this workshop.
This workshop is the second level of TRET training following Level I. In it you will learn how to get a thorough history of the client's trauma, organize the work into themes, do a case analysis, do treatment planning, evaluate the ego strength of the client and increase it if necessary, work with boundary issues, learn surrogate muscle testing, work with the meridians for specific issues, and instill positive qualities.

LEARNING OBJECTIVES - PARTICIPANTS WILL BE ABLE TO
- Describe how to get a complete history of the client's trauma
- Organize the work into themes
- Demonstrate short term work
- List the steps in treatment planning
- Explain how to work with themes
- Describe the order of treatment
- State the options for treatment when a client does not have sufficient ego strength to treat early trauma
- Explain when and why you treat core beliefs
- Describe what you do when a core belief is not clearing
- List three options for surrogate muscle testing
- Demonstrate diagnosing the earliest originating trauma
- Explain short cuts that can be used
- Give examples of when to instill positive qualities

DATES December 3-5, 2021
TIMES 9:00am - 5:00pm daily
FACULTY Vann S. Joines, Ph.D., Certified Energy Diagnostics and Treatment Methods Level I & II Trainer and Certified Advanced Integrative Therapy Teacher and Supervisor
TUITION $570 ($550 if registered one month in advance, $200 deposit)
    Retake this seminar for $200 off
LEVEL Advanced
CE CONTACT HRS 18

*For an outline of the program schedule,
visit http://www.seinstitute.com or call (919) 929-1171.
RESIDENTIAL FACULTY

VANN JOINES, Ph.D. - Clinical Psychologist; President and Director, Southeast Institute for Group and Family Therapy; International Psychotherapy Trainer, Supervisor, and Consultant, having taught in over 30 countries; Certified Teaching and Supervising Transactional Analyst and 1994 Winner of the Eric Berne Memorial Award, International Transactional Analysis Association; Diplomate and Founding Member, Redecision Therapy Association; Clinical Member and Approved Supervisor, American Association for Marriage and Family Therapy; Licensed Psychologist, State of North Carolina; Certified Group Psychotherapist with the National Registry of Group Psychotherapists; Certified EDxTM Practitioner and Level I & II Trainer; Creator of Trauma Resolution Energy Therapy (TRET); Creator of Personality Focused Treatment (PFT)®, Member, American Psychological Association, and Association for Comprehensive Energy Psychology; Life Fellow, American Group Psychotherapy Association; Co-Author, *TA Today: A New Introduction to Transactional Analysis* (Lifespace Publishing, 1987, 2012), and *Personality Adaptations: A New Guide to Human Understanding in Psychotherapy and Counseling* (Lifespace Publishing, 2002). Author, Joines Personality Adaptations Questionnaire and the JPAQ Administration, Scoring, and Interpretative Kit (Southeast Institute, 2002).

JESSICA D’ANDREA, Psy.D. - Licensed Psychologist with over 10 years of experience working as a Clinical Psychologist and Neuropsychologist. Certified Transactional Analyst (Psychotherapy), Certified Redecision Therapist, Certified Personality Focused Treatment (PFT)® Practitioner and Instructor, Certified Trauma Resolution Energy Therapy (TRET) Practitioner, licensed in North Carolina, South Carolina and Ohio with experience in Italy and the United States. Clinical knowledge of ethical regulations, with experience in administering evidence-based psychological and neuropsychological assessment for comorbid diagnosis and treatment of a variety of disorders, in individual, couple, family and group therapy. Due to her husband’s military career, she has a personal interest in assisting veterans. Dr. D’Andrea was born and grew up in Italy, met her husband and then moved together to the US in 2010. She, her husband and daughter now live in Chapel Hill. Her current interests are emotional literacy and attachment in couples and families, as well as helping people learn about their personal strengths and how to grow healthy relationships. She and her family love outdoor adventures, going to the zoo and photography.

CONTINUING EDUCATION CREDITS

APA
Southeast Institute for Group and Family Therapy is approved by the American Psychological Association to sponsor continuing education for psychologists. Southeast Institute for Group and Family Therapy maintains responsibility for this program and its content. At the time of publication of this brochure (June 2019) all programs are under review for approval. For up-to-date information about which programs are approved for APA continuing education, check our website at http://www.seinstitute.com or call (919) 929-1171.

Please note: All licensed professionals are urged to check with their licensing authorities to determine which CE credits will qualify for license renewal.

Our cancellation policy can be found here: http://www.seinstitute.com/cancellation-policy/

NBCC
Southeast Institute for Group and Family Therapy has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 6756. Programs that do not qualify for NBCC credit are clearly identified. Southeast Institute for Group and Family Therapy is solely responsible for all aspects of the programs.
### WORKSHOP CALENDAR

<table>
<thead>
<tr>
<th>2021</th>
<th>2022</th>
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<tr>
<td><strong>JULY 5</strong> Beginning of Personality Focused Treatment Level I Supervision with Vann Joines Ph.D. (Online)</td>
<td><strong>JANUARY 21-22</strong> Personality Focused Treatment (PFT)® with Vann Joines, Ph.D. (Chapel Hill)</td>
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<tr>
<td><strong>JULY 16-17</strong> Life Script Workshop with Vann Joines, Ph.D. &amp; Jessica D’Andrea, Psy.D. (Online)</td>
<td><strong>JANUARY 31</strong> Beginning of Personality Focused Treatment Level I Supervision with Vann Joines, Ph.D. (Online)</td>
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<tr>
<td><strong>JULY 23-24</strong> Working with the Group as a Whole with Vann Joines, Ph.D. (Online)</td>
<td><strong>FEBRUARY 3-4</strong> Understand Yourself and Others – TA 101 Course with Vann Joines, Ph.D. and Jessica D’Andrea, Psy.D. (Chapel Hill)</td>
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<tr>
<td><strong>JULY 28 FOR 6 WEEKS</strong> Mastering Redecision Therapy with Vann Joines, Ph.D. &amp; Jessica D’Andrea (Online)</td>
<td><strong>FEBRUARY 4-6</strong> Weekend Personal Growth Marathon with Vann Joines, Ph.D. and Jessica D’Andrea, Psy.D. (Chapel Hill)</td>
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<tr>
<td><strong>AUGUST 6-7</strong> Personality Focused Treatment (PFT)® II with Vann Joines, Ph.D. (Online)</td>
<td><strong>FEBRUARY 10</strong> Beginning of the Spring Semester of the Therapy Group for Therapists with Vann Joines, Ph.D. (Chapel Hill)</td>
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<tr>
<td><strong>AUGUST 13-14</strong> Family Systems Therapy with Vann Joines, Ph.D. (Online)</td>
<td><strong>FEBRUARY 11</strong> Beginning of the Spring Semester of the Advanced Supervision with Vann Joines, Ph.D. &amp; Jessica D’Andrea, Psy.D. (Chapel Hill)</td>
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<td><strong>SEPTEMBER 9</strong> Beginning of the Fall Semester of the Therapy Group for Therapists with Vann Joines, Ph.D. (Chapel Hill)</td>
<td><strong>FEBRUARY 11-12</strong> Beginning of the Spring Semester of the Certification Training Program in TA and Redecision Therapy with Vann Joines, Ph.D. &amp; Jessica D’Andrea, Psy.D. (Chapel Hill)</td>
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<tr>
<td><strong>SEPTEMBER 10</strong> Beginning of the Fall Semester of the Advanced Supervision with Vann Joines, Ph.D. &amp; Jessica D’Andrea, Psy.D. (Chapel Hill)</td>
<td><strong>FEBRUARY 18-19</strong> Beginning of the Spring Semester of the Certification Program in TA and Redecision Therapy with Vann Joines, Ph.D. (Louisville)</td>
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<tr>
<td><strong>SEPTEMBER 10-11</strong> Beginning of the Fall Semester of the Certification Training Program in TA and Redecision Therapy with Vann Joines, Ph.D. &amp; Jessica D’Andrea, Psy.D. (Chapel Hill)</td>
<td><strong>MARCH 18-19</strong> Personality Focused Treatment Advanced Level II Workshop with Vann Joines, Ph.D. (Chapel Hill)</td>
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<tr>
<td><strong>SEPTEMBER 23-24</strong> Understand Yourself and Others – TA 101 Course with Vann Joines, Ph.D. &amp; Jessica D’Andrea Psy.D. (Chapel Hill)</td>
<td><strong>APRIL 6</strong> Beginning of Personality Focused Treatment Level II Supervision with Vann Joines, Ph.D. (Online)</td>
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<tr>
<td><strong>SEPTEMBER 24-26</strong> Weekend Personal Growth Marathon with Vann Joines, Ph.D. &amp; Jessica D’Andrea Psy.D. (Chapel Hill)</td>
<td><strong>APRIL 29-MAY 1</strong> Couples Weekend with Vann Joines, Ph.D. &amp; Jessica D’Andrea, Psy.D. (Chapel Hill)</td>
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<tr>
<td><strong>OCTOBER 1-3</strong> Trauma Resolution Energy Therapy (TRET)® Level I with Vann Joines, Ph.D. (Chapel Hill)</td>
<td><strong>JUNE 24-25</strong> Personality Focused Treatment (PFT)® Level 1 Workshop with Vann Joines, Ph.D. (Chapel Hill)</td>
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<td><strong>OCTOBER 13</strong> Beginning of TRET Level I Supervision with Vann Joines, Ph.D. (Chapel Hill)</td>
<td><strong>JULY 8-9</strong> Life Script Workshop with Vann Joines, Ph.D. and Jessica D’Andrea, Psy.D.</td>
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<td><strong>OCTOBER 29-31</strong> Couples Weekend Workshop with Vann Joines, Ph.D. &amp; Jessica D’Andrea, Psy.D. (Chapel Hill)</td>
<td><strong>JULY 11-16</strong> One-Week Workshop: Mastering Redecision Therapy with Vann Joines, Ph.D. and Jessica D’Andrea, Psy.D. (Chapel Hill)</td>
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<tr>
<td><strong>OCTOBER 22-23</strong> Beginning of the Certification Training Program in TA and Redecision/Relational Therapy with Vann Joines, Ph.D. (Louisville)</td>
<td><strong>JULY 22-23</strong> Working with the Group as a Whole with Vann Joines, Ph.D. (Chapel Hill)</td>
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<tr>
<td><strong>DECEMBER 3-5</strong> Trauma Resolution Energy Therapy (TRET)® Level II with Vann Joines, Ph.D. (Chapel Hill)</td>
<td><strong>AUGUST 5-6</strong> Personality Focused Treatment Level II Advanced Workshop with Vann S. Joines, Ph.D. (Chapel Hill)</td>
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<tr>
<td><strong>DECEMBER 15</strong> Beginning of TRET Level II Supervision with Vann Joines, Ph.D. (Online)</td>
<td><strong>AUGUST 19-20</strong> An Integrated Family Systems Therapy with Vann Joines, Ph.D. (Chapel Hill)</td>
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<td><strong>SEPTEMBER 22-23</strong> Understand Yourself and Others – TA 101 Course with Vann Joines, Ph.D. and Jessica D’Andrea, Psy.D. (Chapel Hill)</td>
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